

What's on the Menu Today? Healthy Choices!

Parents - did you know?
Today's school lunch includes:

- ✓ Fresh fruits and veggies
- ✓ More whole grains
- ✓ Less sodium and fat
- ✓ Nonfat or low-fat milk



Help your child stay focused with free breakfast and lunch! Included in lunch is hot entrée, quick bites or salad along with sides.

Learn more at Polk School Nutrition (Facebook) or polkschoolnutrition (Intragram)

James E. Stephens Elementary